

## Proposal

Hey Mr/Mrs \_\_\_\_\_,

I'm really glad to see you, and I appreciate the time you've taken to talk with me today.

What I'd like to talk about is maintaining the high levels of dignity and respect that we have for our clients. I know what it takes for ME to provide the best quality Music Therapy services, to be fully present with our clients, to advocate for their health, and also to stay healthy myself so that I can be as effective in my work as possible.

What I've found for the last \_\_\_\_\_ [insert the duration in weeks or months] and while I've been running a \_\_\_\_\_\_-person caseload, is that my health is compromised, my clients are underserved, and it's not sustainable.

So, I'd like to propose a solution. Would you like to hear it?